

# Payal H Patel

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## EDUCATION

- A.T. Still University of Health Sciences – Arizona School of Dentistry & Oral Health** **July 2022 - Present**  
*Expected Graduation: May 2026*  
Doctor of Dental Medicine Candidate  
Certificate in Public Health - Dental Emphasis
- Case Western Reserve University** **August 2019 - May 2021**  
Master of Science in Medical Physiology
- The Ohio State University** **August 2014 - May 2018**  
Bachelor of Science in Biology
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## LEADERSHIP EXPERIENCE

- American Dental Association (ADA)** **October 2024 - Present**  
**Current:** ASDA Consultant: ADA Committee on Dental Education and Licensure (CDEL)
- Represented the perspectives and priorities of dental students on matters of education, licensure, and credentialing to the ADA Council on Dental Education and Licensure (CDEL)
  - Stayed informed on advancements and changes in dental education and licensure to ensure student advocacy remained current and impactful.
- ASDOH Research Committee** **August 2024 - Present**  
**Current:** D3 Representative
- Bridging the communication between my classmates and the faculty apart of the committee, representing student interests, and contributing to research initiatives such as the ATSU Interdisciplinary Biomedical Sciences Symposium, Fall and Spring Research Weeks.
- American Student Dental Association (ASDA) - National** **May 2024 - October 2024**  
**Current:** Multi-District Advocacy Event Task Force
- Developed and presented strategies to empower the Council on Advocacy to foster collaboration across districts and facilitate idea exchange among advocacy leaders.
  - Suggested initiatives to help districts and chapters increase advocacy efforts within local and state dental societies and allied professions.
- American Student Dental Association (ASDA) - National** **March 2024 - Present**  
**Current:** Board Liaison: Council on Membership
- Being the line of communication between the council on membership and the board of trustees.
  - Provided resources and support to ASDA chapters, fostering growth and development through workshops, toolkits, and direct outreach. This includes, ASDA Fever Grants, Membership Grants, and the Gold Crown Videos and Awards.

**American Student Dental Association (ASDA) - National****March 2024 - Present****Current:** Board of Trustees

- Serving as a voting member of the ASDA Board of Trustees, providing strategic oversight, establishing organizational goals and policies to align with ASDA's mission, vision and strategic plan.
- Representing district chapters by addressing member needs, facilitating communication, and supporting the implementation of ASDA initiatives.
- Participating in decision-making and advocacy efforts, including policy development and resource allocation, to benefit dental students and the profession.
- Represented ASDA as a Voting Delegate in the ADA House of Delegates, contributing to policy development and decision-making on issues impacting dentistry.

**American Student Dental Association (ASDA) - District****March 2023 - Present****Current:** District 10 Trustee **Former:** Chief of Staff

- Facilitating monthly meetings for both district cabinet and presidential council to share updates on district and national: policies, initiatives, and resources. Additionally, gather and communicate feedback from district leaders to the national board.
- Assisting chapter leaders in strengthening their local chapters by providing resources as well as facilitating collaboration and communication among chapters within the district.
- Organizing and leading district meetings, such as district conferences (District 10 Annual Conference 2025 and West Regional Conference 2024) and leadership retreats (District 10 Leadership Retreats 2023 and 2024) to promote professional development and member engagement.
- Overseeing district cabinet committees to help them organize stimulating and creative events district wide.

**American Student Dental Association (ASDA) - Local Chapter****July 2022 - Present****Current:** Co-President **Former:** Vice President, D1 Intern

- Working closely with the rest of the executive committee to oversee the organization, helping with all lunch & learns, dinner socials, organizing professional development events, community service projects, and social activities to foster member involvement.
- Working closely with the rest of the executive committee on managing the chapter's budget and securing funding and sponsorships to continue to create engaging and creative events.
- Overseeing the Health & Wellness, Gold Crown, DEI, Advocacy, Community Service, D1 interns and SPEA committees to help them organize stimulating and creative events.
- Helped organize, coordinate, and lead the Leadership Retreat 2024, Pontics & Politics 2023 with Midwestern University-AZ, Leadership Retreat 2023, the Mentor/Mentee pairing for 2023, and Holiday Party 2022 .
- Represented ASDOH as the 1st Student Delegate at the AzDA House of Delegates 2023.
- Organized and facilitated student events by securing engagement approvals, completing ROS forms, and coordinating with advisors to ensure proper room bookings. Collaborated closely with faculty and administration to advocate for dental students, ensuring their needs and ideas were represented while successfully planning and executing impactful events.
- Represented ASDOH ASDA at the National Leadership Conference 2023 and 2024, Annual Session 2024, The District 10/11 Conference 2023 and 2024, AzDA Oral Health Lobby Day 2023, and National Lobby Day 2023 and 2024.

**Give Kids A Smile (GKAS)****August 2022 - Present****Current:** After-Care Committee **Former:** Operations Committee, Costume & Carnival Committee  
Lead

- Streamlining patient care by developing and managing templates, forms, and charts in Axium for screenings, informed consent, and follow-up care, while coordinating restorative treatment and aftercare visits for GKAS and elementary school patients.
- Helping manage Axium documentation and follow-up call lists.
- Planned how things will be operated (logistics) on the day of GKAS, organizing and assigning student roles for the day of the event, and contacting program directors to determine if they are available to attend the day of GKAS.
- Established games, prizes, entertainment, checked inventory, and decorations for the day of GKAS carnival.
- Building upon and creating more inter-professional relationships and bonds to help create an overall whole person care viewpoint and activities for the kids.

**Pediatric Dental Study Club****July 2023 - Present****Current:** Treasurer **Former:** Member

- Discussed and presented different journals and research papers related to pediatric dentistry with faculty members and peers.
- Collaborated with Casa Grande pediatric residents to review and discuss case study presentations, fostering learning and professional development.
- Working closely with the rest of the executive committee to oversee the club and help organize the annual Orthodontic Specialty Club & Pediatric Specialty Club: Research Symposium.
- Keeping track of all financial transactions and retaining all electronic copies and files of all receipts, invoices, and financial records.

**Student Ambassador Program****August 2022 - Present****Current:** Ambassador

- Representing A.T. Still University: ASDOH, by attending Interview Day Q&A and information sessions, providing campus tours, and engaging with prospective students and interviewees to promote the university's mission and values.
- Communicating with prospective, current applicants, and accepted students through personalized emails and letters. Offering guidance and answering questions to enhance their application and onboarding experience.
- Collaborating with administration to improve student engagement, and foster a welcoming environment for incoming students.

**Special Care Dentistry Association: ASDOH Chapter****August 2022 - Present****Current:** Member **Former:** Treasurer

- Participating in educational initiatives and workshops to stay updated on best practices, research, and innovations in special care dentistry.
- Created multiple big fundraising events (March Madness Bracket and Donuts & Cider), and kept account for all of the membership dues, fundraising money, and funding for events.
- Participated in the Spread the Word to End the Word Campaign 2023 and 2024, as well as A Day for Special Smiles 2023.

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## EXTRA-CURRICULAR

**Academy of General Dentistry Club: ASDOH Chapter** **August 2022 - Present**

**Current:** Member

- Attended CE Lunch and Learns on Sleep Apnea, Oral Cancer, Fillers, Orthodontics, and Implants.
- Participated in the hands on Extraction CE Course and the Arizona Oral Cancer Walk 2022.

**Students United With America's Toothfairy (SUAT)** **August 2022 - Present**

**Current:** Member

- Participated at the Children's Museum of Phoenix in the arts and crafts studio as well as events on oral health education.
- Participated in fundraising events to help support SUAT initiatives.

**Hispanic Student Dental Association: ASDOH Chapter** **July 2023 - Present**

**Current:** Member

- Engaged in interactive Dental Spanish lessons to enhance communication skills and effectively serve Spanish-speaking patients.

**American Association of Women Dentists: ASDOH Chapter** **August 2024 - Present**

**Current:** Member

- Going to community outreach and service initiatives, fostering professional growth, career advancement and leadership opportunities, and continuing to empower the next generation of women dentists.

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## RESEARCH EXPERIENCE

**A.T. Still University of Health Sciences - Arizona School of Dentistry & Oral Health** **November 2023 - Present**

**Current:** Student Researcher

Faculty Advisors: Seena Patel, DMD, MPH & Ann Spolarich, RDH, PhD, FSCDH

- Assess the oral health-related quality of life (OHRQL) in patients with cirrhosis, in the hopes of addressing a gap in existing knowledge within this specific patient population. *IRB approval: Approved and actively recruiting participants.*

**Cleveland Clinic - Main Campus** **July 2021 - June 2022**

**Former:** Clinical Research Coordinator I & II

- Screening, recruiting, and instructing research subjects/volunteers, as appropriate to specific study objectives/protocol.
- Monitoring the progress of research activities, developing, and maintaining records of research activities, and preparing reports.
- Ensuring smooth and efficient day-to-day operations of the research study and data collection.
- Related fields of studies: Alcoholic Liver Disease, Fatty Liver Disease and Non-Fatty Liver Disease, Cirrhosis and Exercise, Clinical trial on Cirrhosis and Simvastatin, COVID-19 and muscle loss, Melanoma and Myeloma studies however in the perspective of working with large pharmaceutical companies.

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## PUBLICATIONS & PRESENTATIONS

### Poster Presentations:

**Patel, P,** Patel, S, Spolarich, A. Oral Health Related Quality of Life in Patients with Cirrhosis.  
*Spring Research Day* (Mesa, AZ; Feb 2024)

**Patel, P,** Urquilla, I. Malocclusion. *Orthodontic Specialty Club & Pediatric Specialty Club:  
Research Symposium* (Mesa, AZ; Dec 2023)

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## COMMUNITY OUTREACH

<b>Feed My Starving Children</b>	<b>February 2023 - Present</b>
<b>Children's Museum of Phoenix</b>	<b>September 2022 - Present</b>
<b>Smiles Across Pinal County Sealant Program</b>	<b>November 2024</b>
<b>Back to School Clothing Drive at Grand Canyon University</b>	<b>July 2024</b>
<b>EAR Day</b>	<b>October 2023</b>
<b>Arizona Outreach Clinic (RICE Clinic)</b>	<b>September 2023</b>
<b>Wesley Community &amp; Health Center: Spring Spectacular</b>	<b>April 2023</b>
<b>A Day for Special Smiles</b>	<b>April 2023</b>
<b>Foster Care Day</b>	<b>April 2023</b>
<b>Give Kids A Smile</b>	<b>February 2023</b>
<b>AAPHD Trunk or Treat</b>	<b>October 2022, 2023</b>

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## WORK EXPERIENCE

**A.T. Still Memorial Library - Mesa, AZ** **August 2024 - Present**

**Current:** *Work Study - AZ Library Circulation Desk*

- Organized and maintained library materials, including shelving books, cataloging resources, and managing inventory of supplies.
  - Supported administrative tasks such as managing check-ins/check-outs, and assisted students with locating resources and answering questions.
  - Provided technical assistance with library equipment and technology, including computers, printers, and research databases.
  - Contributed to a collaborative team environment by assisting in special projects, events, and library programs to engage the campus community.
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## AWARDS & HONORS

<b>ASDA Advocacy Certificate</b>	<b>March 2024</b>
<b>ASDA District 10 Delegate of the Year</b>	<b>February 2024</b>
<b>ASDA District 10 Rising Leader of the Year</b>	<b>January 2024</b>